

Collections For All Age Children About People With Mental Challenges

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Picture Books: J Easy

JE CLIFTON MY FRIEND JACOB

A young boy tells about Jacob, who, though older and mentally slower, helps him a lot and is his best friend.

JE ELY LOOKING AFTER LOUIS

When a new boy with autism joins their classroom, the children try to understand his world and to include him in theirs.

SPECIAL JE KATZ JOEY AND SAM: "A HEARTWARMING STORYBOOK ABOUT AUTISM, A FAMILY, AND A BROTHER'S LOVE"

Although it is sometimes hard to have a younger brother like Sam who is autistic, Joey is proud when Sam's special class performs at a school assembly.

JE LEARS WAITING FOR MR. GOOSE

Stephen, who has trouble sitting still and paying attention, surprises himself when he summons up the patience to catch and help an injured goose.

JE LEWIS IN JESSE'S SHOES: APPRECIATING KIDS WITH SPECIAL NEEDS

Allie helps Jesse, her older, mentally disabled brother in school and helps endure the taunts of other children, but she does not understand why God made Jesse the way he is until she takes the time to "walk in his shoes" for a while.

JE NINER MR. WORRY: A STORY ABOUT OCD

Eight-year-old Kevin is frustrated by his need to check things and repeat actions over and over until a counselor diagnoses him with Obsessive Compulsive Disorder (OCD) and teaches him ways to manage this condition.

JE PULVER WAY TO GO, ALEX!

Carly learns a lot about Alex, her mentally disabled older brother, as he trains for and competes in the Special Olympics.

Y616.89 L AUTISM

Using case histories, personal stories, and the latest research on autism, the author provides a thorough and absorbing study of this often misunderstood disorder.

Y616.8527 D BIPOLAR DISORDER, DEPRESSION, AND OTHER MOOD DISORDERS

Explains bipolar disorder including its types, diagnosis, and treatment and offers strategies for dealing with this illness in oneself and others.

Y618.9285 B STUCK ON FAST FORWARD: YOUTH WITH ATTENTION-DEFICIT/ HYPERACTIVITY DISORDER

Explores the challenges facing youth with special needs, as well as the many types of services available to support these young people in their quest for personal achievement and social acceptance.

Y649.154 B THE HIDDEN CHILD: YOUTH WITH AUTISM

Learn facts about autism, what the symptoms of autism are, and where to turn for further information or help with issues related to autism.

SPECIAL J362.43 P

LUKE HAS DOWN'S SYNDROME

See how Luke lives on a daily basis with Down Syndrome.

J371.9 G

THE DON'T-GIVE-UP KID AND LEARNING DIFFERENCES

The author points out the light and dark sides of learning differently, based on her observations as a parent and advocate for exceptional children.

J371.9 R

WHEN LEARNING IS TOUGH: KIDS TALK ABOUT THEIR LEARNING DISABILITIES

Children describe their learning disabilities, talents, learning techniques, and misconceptions associated with learning disabilities.

Y371.9097 B

WHY CAN'T I LEARN LIKE EVERYONE ELSE? YOUTH WITH LEARNING DISABILITIES

Examines the most common learning disabilities, how they are diagnosed and what help is available.

Y612.82 P

THE BRAIN AND NERVOUS SYSTEM

Examines the components, functions, and disorders of the nervous system.

Y616.83 B

TOURETTE SYNDROME

Describes the causes, symptoms, and treatment of Tourette Syndrome and explains the challenges faced by people with the disorder.

SPECIAL Y616.85 P

ALL ABOUT ATTENTION DEFICIT DISORDER

Explains the nature of attention deficit disorder, the various forms of treatment, and the many challenges faced by those who live with it.

Y616.8527 D

BIPOLAR DISORDER, DEPRESSION, AND OTHER MOOD DISORDERS

Identifies the causes, symptoms, and treatment of mood disorders such as bipolar disorder and depression, which can have environmental, genetic, or physiological aspects.

SPECIAL JE SHRIVER

WHAT'S WRONG WITH TIMMY?

Making friends with a mentally retarded boy helps Kate learn that the two of them have a lot in common.

JE STUVE-BODEEN

THE BEST WORST BROTHER

Older sister Emma tries to be patient while teaching 3-year-old Isaac, who has Down syndrome, how to communicate using sign language.

JE WOLOSON

MY FRIEND ISABELLE

A young boy named Charlie describes the activities he shares with his friend Isabelle, a girl with Down Syndrome.

Fiction: Grades 3-5

JF CHRISTOPHER

FIGHTING TACKLE

When he becomes stronger but slower, Terry must deal with being moved from defensive safety to offensive tackle on his football team and with the fact that his younger brother, who was born with Down's Syndrome, is becoming a faster runner.

JF CUTLER

SPACEMAN

Ten-year-old Gary, who is failing the fifth grade and has trouble getting along with the other students, tries to adjust to his learning disability and his assignment to a special education class.

JF FLOOD

IT'S TEST DAY, TIGER TURCOTTE

Already so worried about the big second grade test that his stomach is upset, 7-year-old Tiger Turcotte, whose parents are African American, Meherrin Indian, and Hispanic, get stuck on the question about race.

JF LEARS

IAN'S WALK: A STORY ABOUT AUTISM

When her autistic little brother, Ian, wanders off while on a walk to the park, Julie must try to see the world through his eyes in order to find him.

JF LORD
RULES

Frustrated at life with an autistic brother, 12-year-old Catherine longs for a normal existence but her world is further complicated by a friendship with a young paraplegic.

JF MCNAMEE
SPARKS

When Todd is both happy and anxious about trying to fit in with the regular fifth grade class but feels confused about how to relate to his former friends in the Special Needs class, a school assignment on the exploited pygmy, Ota Benga, helps give him confidence and clarity.

JF NINER
I CAN'T STOP!: A STORY ABOUT TOURETTE SYNDROME

A boy is diagnosed with Tourette Syndrome and learns about constructive ways he can manage his condition.

JF SHREVE
TROUT AND ME

Ben's troubles at school get progressively worse when he starts hanging around Trout, a new boy in his fifth grade class, who is also labeled as learning disabled.

JF TASHJIAN
TRU CONFESSIONS

Computer-literate, twelve-year-old Tru keeps an electronic diary where she documents her desire to cure her handicapped twin brother and plan to create a television show.

JF SMITH
PAY ATTENTION, SLOSH!

Eight-year-old Josh hates being unable to concentrate or control himself, but with the help of his parents, his teacher, and a doctor, he learns to deal with his condition, known as ADHD or attention-deficit hyperactivity disorder.

JF WILSON
BRINGING NETTIE BACK

Eleven-year-old Clara's life is enriched by her friendship with the vibrant Nettie, whose family is different from her own, but then a serious brain condition threatens to change Nettie forever.

YF WOOD
WHEN PIGS FLY

Thirteen-year-old Buddy Rae and her best friend Jinwin do everything together- taking care of Buddy's slow younger sister, "parenting" egg babies, talking about boys, and dealing with Buddy's family more to farm outside Turnback, Missouri.

Non-Fiction

Y152.4 R
THE EFFECTS OF STRESS AND ANXIETY ON THE FAMILY

Discusses the common causes of stress and anxiety within family life, how to identify signs of stress, ways of coping and resources available, and how anxiety can help to make a family stronger.

Y152.47 P
DEPRESSION

Defines depression and offers strategies for teens to cope with their own depression or that of others.

Y155.4 S
STRESS

Discusses some of the different things that cause stress for preteens, and suggests ways to cope.

Y155.9042 G
STRESS MANAGEMENT

Explains what stress is, some causes, and various ways to handle stress and cope with its effects.

J306.8753 H
OH, BROTHER: GROWING UP WITH A SPECIAL NEEDS SIBLING

An eleven-year-old girl finds ways to handle the unique challenges presented by her 13-year-old mentally disabled brother by looking for his good qualities and taking the rest in stride.

Y362.3 L
MY NAME IS NOT SLOW: YOUTH WITH MENTAL RETARDATION

Tells the story of Penelope, a girl who has Down Syndrome, her growth and development, and how she and her family are affected by her condition.

YF SHAW

BLACK-EYED SUZIE

Suzie's stay in a mental hospital helps her tear down the walls of a devastating psychological prison she calls "the box".

YF SONES

STOP PRETENDING: WHAT HAPPENED WHEN MY BIG SISTER WENT CRAZY

A younger sister has a difficult time adjusting to life after her older sister has a mental breakdown.

YF SPAIN

THE DEEP CUT

Considered "slow" by his father, Lonzo tries his best to help his family in Culpeper, Virginia, during the Civil War and in the process, comes to some decisions about how to live his life.

YF WEAVER

ROOSTER

On a small Florida orange grove in the 1960's, 14-year-old Kady palmer is burdened with housework and caring for her senile grandmother and mentally handicapped neighbor, so when a rich, handsome boy from school becomes interested in her she devises a plan to spend time with him.

YF WEEKS

SO B. IT: A Novel

After spending her life with her mentally retarded mother and agoraphobic neighbor, 12-year-old Heidi sets out from Reno, Nevada, to New York to find out who she is.

YF WHITE

MEMORIES OF SUMMER

In 1955, thirteen-year-old Lyric finds her whole life changing when her family moves from the hills of Virginia to a town in Michigan and her older sister Summer begins descending into mental illness.

YF WILSON

THE ILLUSTRATED MUM

Ten-year-old Dolphin is determined to stay with her family, no matter what, but when her sister goes to live with her newly-discovered father, sending their mother further into manic-depression, Dolphin's life takes a turn for the better.

Mysteries

MYSTERY JF EDEN

THE DUCHESS TO THE RESCUE: A BONES & THE DUCHESS MYSTERY

Bones, a former police officer, once again teams up with Verity, a clever 12-year-old with Asperger's Syndrome, who helps clear Bones of vandalism charges.

MYSTERY JF WRIGHT

THE DOLLHOUSE MURDER

A dollhouse filled with a ghostly light in the middle of night and dolls that have moved from where she last left them lead Amy and her retarded sister to unravel the mystery surrounding grisly murders that took place years ago.

Newbery Winners

NEWBERY JF BYARS

THE SUMMER OF THE SWANS

Sarah, a moody eighth grader, forgets her small miseries when Charlie, her mentally retarded younger brother, disappears. Together with her most despised enemy, Joe Malley, she finds Charlie and the longest day of the summer brings a great change in Sarah.

Fiction: Grades 5-8

YF BURNS

THE CASE OF THE PRANK THAT STANK

Seventh-graders Agatha Wong and Orville Wright, who has Asperger's Syndrome, try to prove that the prank they organized did not cause the fire that burned down their rival school's field house.

YF CONEY

CRAZY LADY

As he tries to come to terms with his mother's death, Vernon finds solace in his growing relationship with the neighborhood outcasts, an alcoholic and her retarded son.

YF CHOLDENKO

AL CAPONE DOES MY SHIRTS

A twelve-year-old boy named Moose moves to Alcatraz Island in 1935 when guards' families were housed there, and has to contend with his extraordinary new environment in addition to life with his autistic sister.

YF CRUTCHER

THE CRAZY HORSE ELECTRIC GAME

A high school athlete, frustrated at being handicapped after an accident, runs away from home and is helped back to mental and physical health by a black benefactor and the people in a special school where he enrolls.

YF CURTIS

BUCKING THE SARGE

Deeply involved in his cold and manipulated mother's shady business dealings in Flint, Michigan, 14-year-old Luther keeps a sense of humor while running the Happy Neighbor Group Home for Men, all the while dreaming of going to college and becoming a philosopher.

YF HALPERN

INTRODUCING- SASHA ABRAMOWITZ

When eleven-year-old Sasha tries to ignore the fact that her brother has Tourette Syndrome, it takes a classmate to help her understand and accept the situation.

YF HARRAR

PARENTS WANTED

Twelve-year-old Andrew, who has A.D.D., is adopted by new parents after years in foster homes and desperately hopes that he will not mess up the situation.

YF HOLT

MY LOUISIANA SKY

Growing up in Saitter, Louisiana, in the 1950s, 12-year-old Tiger Ann struggles with her feelings about her stern, but loving grandmother, her mentally slow parents, and her good friend and neighbor, Jesse.

YF JOHNSON

HUMMING WHISPERS

Sophy fears that she will become like her older sister Nicole who has schizophrenia.

YF KEYES

FLOWERS FOR ALGERNON

Mentally retarded Charlie Gordon participates in an experiment which turns him into a genius but only temporarily.

YF KOCHKA

THE BOY WHO ATE STARS

Upon moving to a new apartment, 12-year-old Lucy befriends an autistic boy who lives upstairs and, along with her friend Theo and a pampered pooch, takes Matthew on neighborhood adventures hoping to open him up to the world around them.

YF LOWRY

THE SILENT BOY

Katy, the precocious 10-year-old daughter of the town doctor, befriends a retarded boy.

YF NAYLOR

THE KEEPER

Junior high school student Nick must face the fact that his father is plunging fast into serious mental illness.

YF NUZUM

A SMALL WHITE SCAR

Fifteen-year-old Will Bennon leaves his family and begins life as a cowboy, but his mentally retarded twin brother follows him and joins the journey.

YF MAZER

THE WILD KID

Twelve-year-old Sammy, who is mildly retarded, runs away from home and becomes a prisoner of Kevin, a wild kid living in the woods.

YF PHILBRICK

FREAK THE MIGHTY

At the beginning of eighth grade, learning disabled Max and his new friend Freak, whose birth defect has affected his body but not his brilliant mind, find that when they combine forces they make a powerful team.

YF RINALDI

OR GIVE ME DEATH: A NOVEL OF PATRICK HENRY'S FAMILY

With their father away most of the time advocating independence for the American colonies, the children of Patrick Henry try to raise themselves, manage the family plantation, and care for their mentally ill mother.